



Medicare Diabetes Prevention Program Expanded Model

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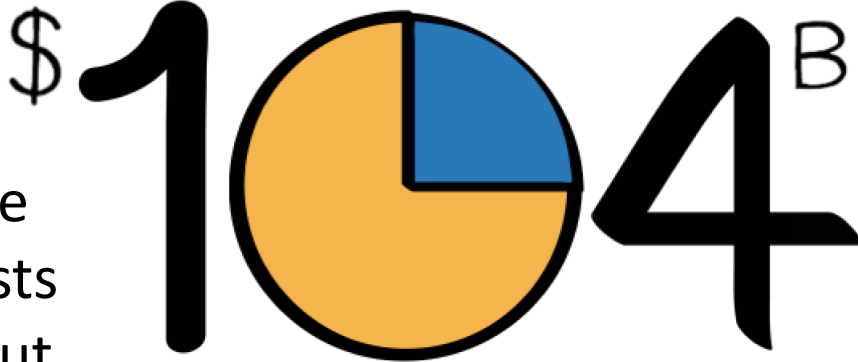
Howard County Health Department – LHIC Meeting

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The Problem

25%

Americans 65 and older with type 2 diabetes

Care for these individuals costs Medicare about  \$104^B each year, and is growing

The Solution: The Medicare Diabetes Prevention Program (MDPP)

Medicare pays organizations, called MDPP suppliers, to furnish a group-based intervention to at-risk Medicare beneficiaries, using a CDC-approved National Diabetes Prevention Program curriculum.



Up to 2 years of sessions delivered to groups of eligible beneficiaries

As a Medicare preventive service, there are no out-of-pocket costs



DIET



PHYSICAL
ACTIVITY



WEIGHT LOSS

Coaches furnish MDPP services on behalf of MDPP suppliers

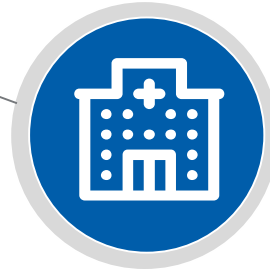
MDPP suppliers' primary goal is to help Medicare beneficiaries achieve at least 5% weight loss

Who is Eligible?

MDPP is available to Medicare beneficiaries with an indication of prediabetes.

Medicare Eligibility

Beneficiaries must have coverage through Original Medicare (Part B) or Medicare Advantage (Part C)



Blood Tests and Body Mass Index (BMI)

Beneficiaries must present one of three blood tests indicating prediabetes and have their BMI measured



Other Medical History

Beneficiaries must not have a previous diagnosis of diabetes or End Stage Renal Disease, and no previous receipt of MDPP services

A Glance at What is Covered

MDPP Core Services

Ongoing Maintenance Sessions*

Months 1-6 (Core Sessions) *and* Months 7-12 (Core Maintenance)

Months 13-24

- All MDPP beneficiaries are eligible for 12 months of core services
- 5% weight loss is primary goal of core services

- Beneficiaries must meet weight loss and attendance goals to be eligible

- Follows a CDC-approved curriculum
 - No beneficiary copay
 - No referral required

* The ongoing maintenance sessions are unique to the MDPP services and not required for CDC recognition.

Better Outcomes, Higher Incentives

Payments are made based on beneficiary attendance *and* beneficiary weight loss.

Year 1 FFS Payment Scenarios, CY2019 Payment Rates ¹		
Attendance	Weight Loss (WL)	Supplier Payment
1 Core Session	N/A	\$26
9 Core Sessions	Without 5% WL	\$170
9 Core Sessions	With 5% WL	\$335
Full (9 Core, 4 Core Maintenance)	No WL	\$200
Full (9 Core, 4 Core Maintenance)	5% WL (mos. 0 – 6) & maintains WL in mos. 7-12	\$459

**Note: in Year 2, suppliers can also receive up to 4 payments of \$51 (total potential of \$204) per beneficiary, assuming ongoing maintenance session attendance and maintenance of 5% weight loss; the maximum payment per beneficiary is \$689 over 2 years*

MDPP Supplier Requirements and Enrollment

MDPP suppliers must adhere to the following requirements to establish and maintain enrollment.

- **Recognition:** *Potential MDPP suppliers must have CDC Preliminary or Full Recognition in order to enroll. Organizations with pending recognition are not eligible.*
- **Obtaining NPI:** *MDPP suppliers and their coaches must have NPIs. An NPI can be obtained using the National Plan and Provider Enumeration System. **Organizations should obtain a separate NPI to be used for MDPP enrollment in order to reduce claim rejections and denials that may occur if multiple enrollments are associated with a single NPI.***
- **Current Medicare Providers:** *Organizations already enrolled in Medicare must re-enroll to become MDPP suppliers.*
- **Maintaining Enrollment:** *MDPP suppliers must remain in compliance with recognition requirements, Medicare provider requirements, and MDPP supplier standards. See the MDPP Supplier Requirements Checklist for more details: <https://innovation.cms.gov/Files/x/mdpp-supplierreq-checklist.pdf>*

Inter-Agency Coordination

CMS and CDC each have unique roles and responsibilities with respect to MDPP services.



Payment, Enrollment, and Oversight Arm

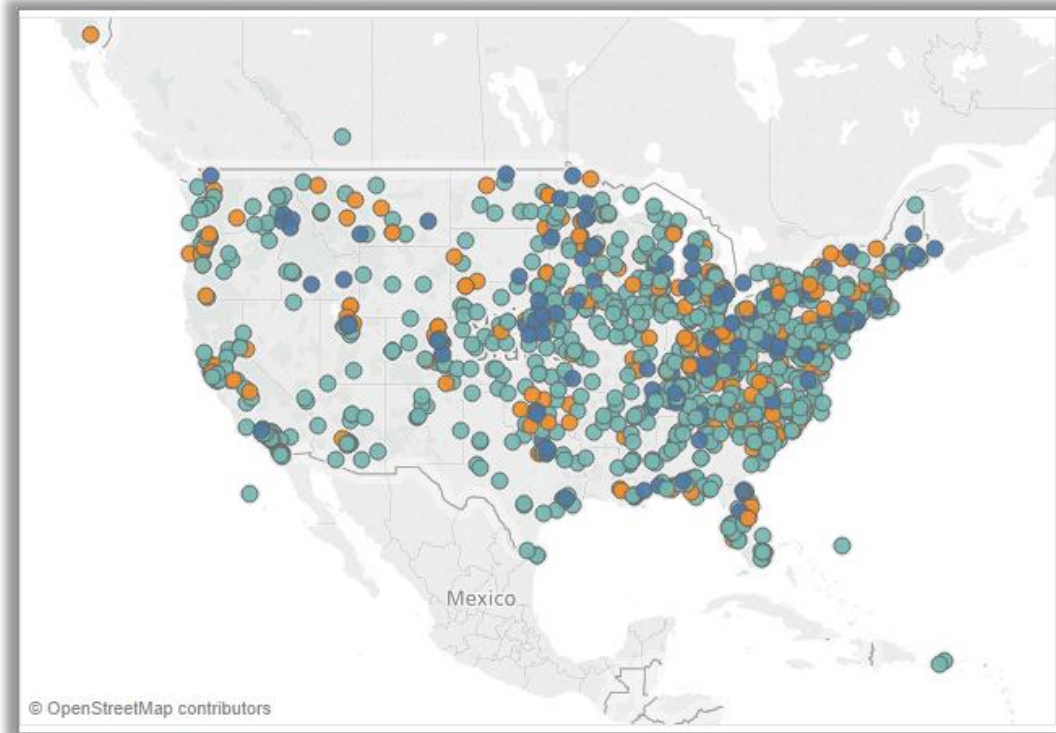
MDPP suppliers receive payment from CMS and must meet and remain compliant with requirements established by Medicare



Quality Assurance Arm

MDPP suppliers must maintain CDC recognition and follow CDC quality standards, including use of a CDC-approved curriculum

Maryland MDPP Snapshot



- 46 DPRP organizations
- 23 organizations with pending recognition
- 23 organizations with preliminary or full recognition
- 11 enrolled MDPP suppliers

How You Can Help Make MDPP a Success

Different MDPP stakeholders can take different actions!

CDC Recognized DPP Organizations:

- Check your recognition status (Full or Preliminary)
- If recognized, enroll now through PECOS

Diabetes Prevention Stakeholders:

- Encourage organizations to work toward CDC recognition
- Help educate organizations on CMS enrollment and billing processes using MDPP resources
- Work with providers to increase awareness and referrals

Clinicians:

- Become familiar with beneficiary eligibility criteria and coverage
- Educate patients on prediabetes and encourage participation in MDPP
- Get to know your local MDPP suppliers by visiting our Supplier Map:

<https://innovation.cms.gov/initiatives/medicare-diabetes-prevention-program/mdpp-map.html>

Or our Supplier List:

<https://data.cms.gov/Special-Programs-Initiatives/Medicare-Diabetes-Prevention-Program/vwz3-d6x2/data>

Subscribe to receive MDPP updates at [go.cms.gov/mdpp](https://www.cms.gov/mdpp)

Resources

Use the Enrollment Checklist to gather the specific information needed to enroll as an MDPP supplier



Ready to become a CDC-recognized National DPP delivery organization?

Head to the National DPP Website: <https://www.cdc.gov/diabetes/prevention/> and visit the new National DPP Customer Service: <https://nationaldppcsc.cdc.gov/s/>



Ready to enroll as an MDPP supplier?

Once recognized by CDC (either full or preliminary status), enroll online through the Provider Enrollment Chain and Ownership System (PECOS): <https://pecos.cms.hhs.gov/pecos/login.do>. Review the enrollment application: <https://www.cms.gov/Medicare/CMS-Forms/CMS-Forms/Downloads/CMS20134.pdf>



Want to access supplier support resources?

Head to the MDPP Website: <https://innovation.cms.gov/initiatives/medicare-diabetes-prevention-program/>



Want to access a map of existing MDPP suppliers?

Head to the MDPP Supplier Map: <https://innovation.cms.gov/initiatives/medicare-diabetes-prevention-program/mdpp-map.html> or our MDPP Supplier List: <https://data.cms.gov/Special-Programs-Initiatives/Medicare-Diabetes-Prevention-Program/vwz3-d6x2/data>



Want to find out which organizations are eligible to become MDPP suppliers?

Head to CDC's National DPP Registry: https://nccd.cdc.gov/DDT_DPRP/Registry.aspx, and look for “Full” or “Preliminary” recognition organizations



Other ways to stay updated or ask questions

Sign up for our listserv at: <https://innovation.cms.gov/initiatives/medicare-diabetes-prevention-program/> or email us at: mdpp@cms.hhs.gov